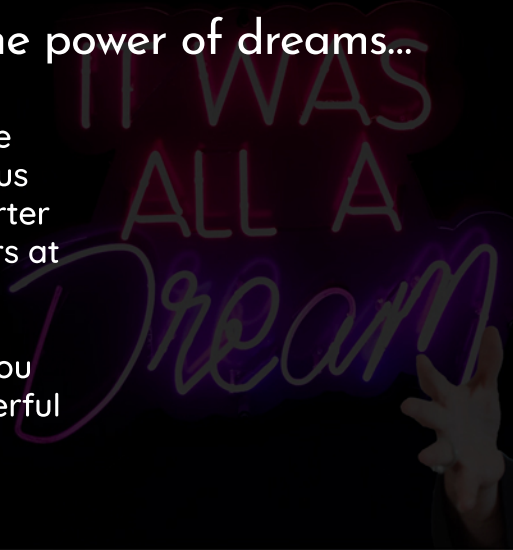


Helping you unlock the power of dreams...

Hidden within our dreams are personal insights that make us better problem-solvers, smarter decision-makers, and masters at managing stress. Layne's speaking engagements and one-on-one sessions equip you and your audience with powerful interpretive tools for self-actualization.



Public Speaking

As someone who's lent their expertise to countless media engagements and public talks, Layne loves captivating an audience. Book Layne's Dreaminar to help your team decode dreams, uncover new strengths, and become better creative problem-solvers.

Media and Publications

Layne's easy-to-grasp concepts have been the subject of numerous television and radio appearances, scientific journals, and—most recently—a bi-monthly column in Oprah Daily titled Dream Catcher. In addition to her guest appearances and editorial writing, Layne is also the author of *Have a Great Dream: Books 1 & 2*, available in paperback and on Kindle.



Lecturing and Academic Services

Layne has conducted workshops at Tufts University in Boston, as well as institutions in Berkeley, Copenhagen, Bridgewater, Chicago, and Montreal.

She's lectured for the Counseling students at Concordia University since 2005 and has also spoken at McGill University, Champlain College, and Vanier College.

"...she has a depth of understanding of dreams and dream interpretation that I have not found in a great many psychologists, social workers, and psychiatrists. This is truly her area of expertise... she is a grandmaster..."

- James Gavin, PhD, ABPP, FACP, Concordia University, Montreal.

Book Layne Today!

Need a public speaker, private consultant, guest columnist, podcast drop-in, or friendly face for a media appearance? Layne's here to help you tap into the unconscious mind.

Layne Dalfen

With a career spanning more than four decades, Layne Dalfen educates individuals on the value of decoding dreams.

A specialist in the works of Freud, Jung, Perls, and Adler, Layne founded The Dream Interpretation Center in 1997 and teaches dream analysis to Counseling students at Montreal's Concordia University. She is a member of the International Association for the Study of Dreams (IASD).

A media guest who always lights up the switchboard, Layne is also a regular columnist for *Oprah Daily* and *Psychology Today*.

As seen on:



The Dreaminar®

Interactive speaking engagements that help you harness the power of dreams!

Is your business or organization looking for a novel approach to teambuilding, creative problem-solving, and just having some plain old fun? If you're planning a party or event, Layne is here to offer a unique, educational, and eye-opening experience for everyone—from new recruits to top brass!

Noteable Speaking Topics

Catering to businesses and organizations of all stripes, Layne's Dreaminar can cover a wide range of topics for any audience or occasion.

- Decode Your Dreams: Discover the 6 Points of Entry to uncover what triggered last night's dreams.
- Solutions to this week's problems: Delve deep into your dreams to seek advice from the unconscious.
- Alter your habitual responses: Rewire your reactions through dream analysis and discovery.
- Consult your whole mind when making decisions: Learn how dreams are the key to smarter choices.

Embracing audience participation and delving into the unconscious from all angles, Layne equips you and yours with practical tools for understanding dreams and becoming better problem-solvers!

"Layne Dalfen has the unique ability to take an esoteric, unconscious concept of dream analysis and make it exciting and understandable for any listener."

- James Miller, Lifeology



Book Layne Today!

Interactive and highly engaging, Layne's Dreaminars strengthen bonds among colleagues and uncover conflict-resolution strategies. Help your team open the door to deeper, life-changing solutions that stick with them forever.

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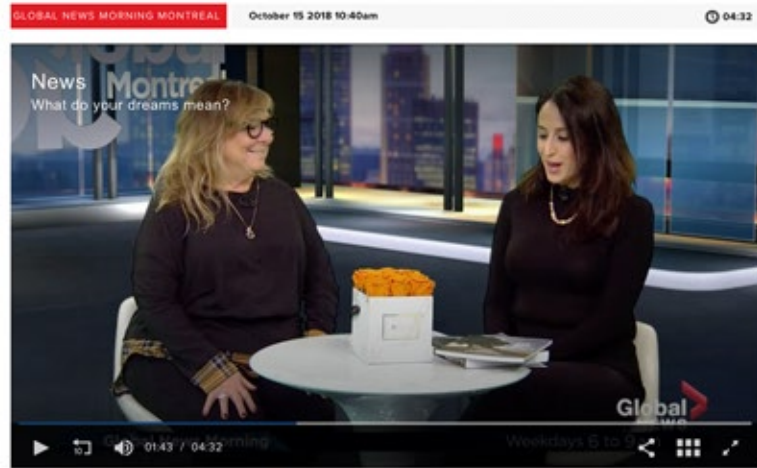
As seen on:



Television Appearances

A dream is an internal monologue about waking-life challenges. By understanding the language of the unconscious, we enhance problem-solving skills, bolster creativity, and improve interpersonal relationships. Unquestionably, it's a fool-proof topic for sparking a conversation and keeping viewers engaged.

Layne's effortless ability to discuss dreams from all angles has made her a frequent television guest on major networks throughout both the US and Canada. She's educated viewers about dreams through the prisms of self-improvement, spirituality, sexuality, and more!



Story Ideas

- How dreams help you manage your life during quarantine
- Why nightmares are healthy, especially during the COVID crisis
- What are recurring dreams trying to tell you?
- What do your dreams tell you about the choices you're making?
- What does it mean when you dream about people who recently passed on?
- Drop those dream dictionaries and learn what the symbols you dreamed really mean!
- Does a dream about an ex mean you want to cheat?
- Why sexual dreams may not have anything to do with sex at all

Media experience

Layne has appeared on major television networks, including NBC, CBS, ABC, and Fox Affiliates. Additionally, she has been the guest on more than 250 radio shows and podcasts, including Coast to Coast AM and The X Zone.

"Her knowledgeable, warm manner, brimming with insight and empathy, makes her a popular guest on radio phone-in programs in Montreal and New York."

- Susan Schwartz, The Montreal Gazette

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Book an intelligent, highly personable radio and television personality to educate your audience about dreams.

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As seen on:



Radio and Podcast Appearances

Over the decades, Layne's captivated audiences as a voice on more than 250 radio programs and podcasts, including Coast to Coast AM and The X Zone. Her accessible, topical approach to subconscious deep-diving fuels more call-ins and greater listener engagement.

"Layne, you are a great dream in a world full of small dreamers!"

- Joey Reynolds, WOR Radio, NYC

Story Ideas

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Media experience

In addition to her radio work, Layne has appeared on major television networks, including NBC, CBS, ABC, and Fox Affiliates.

"Everyone has dreams, and thanks to Layne, I know mine are sick and twisted."

- Leslie Gold, WNEW-FM, NYC

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A media guest who always lights up the switchboard, Layne is also a regular columnist for *Oprah Daily* and *Psychology Today*.

As seen on:



Writing and Editorial Work

An author, blogger, and columnist, Layne has lent her voice to major publications such as Psychology Today, Body and Soul, Canadian Living, Women's Voices, Inner Self, Vice, Beliefnet.com, BIZCATALYST 360°, and more!

As *Oprah Daily's* resident Dream Catcher, she writes regular advice columns and responds to readers' questions about their dreams.

"Speaking with Layne was a real treat. She is insightful, funny, and considerate, and she helped me better understand the deep connections that exist between our dreams and our waking lives."

- Nick Greene, Author

"Dalfen shares her journey of self-discovery through dreams while leading dreamers to their unique versions of the universal quest"

- Patricia Garfield, Ph.D., author of *Creative Dreaming*

Have a Great Dream: Books 1 & 2



Available in paperback and as an e-book

Combining insights from Freud, Adler, Jung, and Gestalt psychology, Layne's two-volume series offers a powerful new approach to dream analysis. Her method reveals different levels of dreaming and how to access each one successfully. Packed with dream charts, journaling techniques, and true success stories, the Have A Great Dream books will transform the life of every dreamer.

Book Layne as a Guest Columnist or Blogger!

Layne loves sharing her unique insights on a range of dream-related topics. Work with her to explore subjects such as "the pandemic's effect on dreams," "sexuality, relationships, and dreaming," and "the phenomenon of synchronicity."

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A media guest who always lights up the switchboard, Layne is also a regular columnist for *Oprah Daily* and *Psychology Today*.

As seen on:



Better Grades, Better Decisions, a Better Future

Layne teaches students how to decode their dreams to improve the campus experience, get better grades, make wiser decisions, and build stronger relationships.

Speaking Topics

Thinking about changing your major?

Explore the unconscious mind to determine your new direction.

That dream you had last night...

What does it reveal about your relationships and current feelings?

Nightmares and recurring dreams

What are they telling you about yourself, your choices, and your future?

Improving your life on campus

Tap into hidden aspects of your personality that only your unconscious can reveal

"Layne Dalfen elucidates a wide variety of ways to approach your dreams. She makes it abundantly clear how useful dreams can be in our struggles with daily life, and how our lives may be enriched, if only we take the time to read the subtitles which appear to us at night."

- Robert Bosnak, Jungian analyst, author of
A Little Course in Dreams and Tracks in the Wilderness of Dreaming

"As a licensed psychologist and practitioner for 40 years, I consider myself knowledgeable about dreams and their interpretation. I have yet to meet anyone who could deliver this material as usefully and intelligently as Layne does. Both through information and demonstration, Layne makes the material come alive."

- James Gavin, Ph.D., ABPP, FACP, Concordia University, Montreal

Lecturing Experience

Layne has conducted workshops with the International Association for the Study of Dreams at Tufts University in Boston, as well as institutions in Berkeley, Copenhagen, Bridgewater, Chicago, and Montreal.

She's lectured for Counseling students at Concordia University, Champlain College and Vanier College.

In addition to her higher education work, she's also spoken for many organizations and spas, including Canyon Ranch both in Lenox, MA and Tucson, AZ, Old Stone Farm in Upstate New York, and Rancho La Puerta Spa in Mexico.



Book Layne Today!

Get Layne to share her insights into the unconscious mind with students and faculty alike. She'll help everyone on campus make better decisions and shape a brighter future!

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As seen on:



Keynote Speaker - Parties & Private Events

Wow guests at your next party or private event by inviting Layne Dalfen, dream analyst. Layne doesn't just help guests decode their most memorable dreams—she gives them empowering tools to spark personal growth. As an expert dream interpreter, Layne does it all for your guests: unpacking symbols, identifying recurring patterns, and drawing connections. Whether acting as a keynote speaker or simply strolling around, interacting with the crowd, she captivates any room with eye-opening insights into the unconscious mind.

Layne speaks at:

- Birthday parties
- Bridal and baby showers
- Charity events
- Fundraisers
- Milestone celebrations
- Private wellness retreats
- Virtual get-togethers
- And more!

Topic Ideas

- Does a dream about an ex mean you want to cheat?
- Are nightmares healthy?
- What are recurring dreams trying to tell you?
- What do your dreams tell you about the choices you're making?
- What does it mean to dream about people who recently passed on?
- Lose the dream dictionary—learn what symbols from your dreams really mean!
- Why sexual dreams might not be about sex at all!
- How can dreams help you manage life post-pandemic?

"One of the best guests I have had on my program! Fun and entertaining! Definitely a repeat guest! The phone always light up!"

- Scarlet, Majic 95.5 Lovesongs Hostess, Austin, Texas

"Layne. You are just so playful and wonderful! Your expertise on dreams is just amazing. You are our favourite authority, ever!"

- Mimi -Mimi Burns, Host, Word of Mouth, KUCI 88.9, California

Speaking Experience

Layne has been a guest on major TV networks including ABC, CBS, NBC, and Fox affiliates, and has lent her voice to more than 250 radio shows and podcasts, including mainstays such as Coast to Coast AM and The X Zone. She is a workshop leader at



luxury wellness centers such as Rancho La Puerta and regular lecturer at Montreal's Concordia University.

"Layne Dalfen presented a dream interpretation lecture which I attended. Layne was interactive, energetic, and knowledgeable in her discipline of dream therapy. Layne introduced several theories, interpretations and respective insights on dream therapy and its uses. Her presence produced high energy and a positive environment for all the attendees. The entire workshop participants were thankful for her presence, which included, from her, a humble and humorous attitude throughout the course of the workshop."

- Kelly Wilkinson

Book Layne Today!

Book an intelligent, personable speaker to entertain the crowd at your next private event. Interactive and highly engaging, Layne makes powerful dream analysis both accessible and compelling in any setting.

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